



# THE 2017 GUIDE TO EQUIPMENT AND CLOTHING FOR THE CHELEY EXPERIENCE



When packing for the Cheley Experience, keep things appropriate for the Colorado mountains. In an outdoor mountain setting, short skirts/shorts and revealing shirts are not appropriate. It is not our intent to require parents to have to buy unnecessary equipment or clothing; however, participants need to be prepared for our climate and program of hiking, camping out, horseback riding, and climbing. Camp is a great place to wear older, yet durable clothing. If needed, good sources for camp clothing include, LL Bean, REI, EMS, or other mountain stores and thrift stores.

## REQUIRED EQUIPMENT

**Listed below are items required for the well-being and safety of all participants**

**\* Items marked with an asterisk are available in the camp store**

- Hiking Boots** \* - A sturdy boot that comes over the ankle. Leather or Gore-tex with a vibram sole. Younger campers who might not hike extensively can get away with a less expensive boot. Older campers who plan to hike extensively should invest in good quality trail hiking boots.
- Riding Boots** \* - Either the popular "cowboy boots" or a similar leather, smooth-soled (no-tread), heeled boot for horseback riding. Hiking boots or tennis shoes are not acceptable for our riding program.
- Sleeping Bag** - The most practical bag is a mummy-style, three season bag with a temperature rating of 20 degrees or lower. Cheley does have a rental sleeping bag program for those campers interested in renting a bag for the summer. Good examples are the Lamina 20 by Mountain Hardwear, the Cat's Meow by North Face, or a 20 degree bag at REI.
- Foam Pad or Thermarest** \* - Used beneath the sleeping bag for warmth and insulation (Provided with Cheley rental bags).
- Rain Gear** \* - A poncho or rain jacket and rain pants. Campers need heavy-duty protection for our mountain rain showers.
- Day Hiker Pack** \* - A medium size pack with a waist belt and comfortable shoulder straps for extra sweater, rain gear, socks, fleece hat, sunscreen, water bottles, and lunch. The ideal size for a day pack is 1,700 to 2,000 cubic inches. A few good examples are The North Face Recon Pack or the Approach by Mountainsmith.
- Water Bottles** (two or three - 32 oz bottles) \* - Nalgene style bottles work best. Some campers also bring a Camelbak to use on hikes and rides. Water bottles and Camelbaks are available at the camp store.
- Flashlight or headlamp** \* - A good quality flashlight or quality headlamp works best for camp.
- Gaiters** \* - Used for protecting your boots and lower legs when hiking in snow or brush. We have a basic pair available in the camp store. Gaiters are worn on longer hikes to higher elevations in snowy areas.
- Warm Blanket** - Camp provides a wool blanket for each bed and we recommend bringing an additional warm blanket or two for our cool evenings. The blanket can be made up with the bed or folded at the bottom of the bed for colder nights and rest hour. Cheley does provide bed linens and a pillow.
- Sunglasses** \* - Campers will spend time every day between 8,000 and 13,000 feet in elevation. The sun is very powerful at this elevation. Make sure sunglasses have UV protection.

**Weather** - Our climate in Estes Park is quite dry with very low humidity necessitating lip balm, lotion, and sunscreen. Early season hikes and backpacks are often in areas in the high mountains with extreme snow glare making sunglasses and sunscreen mandatory. Cheley Camps is at an elevation of 8,200 feet in the Rocky Mountains where weather can vary greatly throughout the day. Mornings and evening can be chilly requiring a sweatshirt or a fleece and days can be in the 80s or low 90s.

**PLEASE MARK EVERYTHING WITH YOUR NAME. THIS IS VITAL TO THE SUCCESS OF RETURNING ITEMS TO CAMPERS DURING LAUNDRY AND WHEN ITEMS ARE LOST**

## REQUIRED CLOTHING AND PERSONAL ITEMS

- Durable Windbreaker Jacket** (not needed if you bring a rain jacket.)
- Heavy Wool Sweater or Polar Fleece Jacket**
- Sweatshirt** (hooded or crewneck) \*
- Sweat Pants** \*
- Blue Jeans** (3 Pair) - Two pair should be appropriate for riding
- Hiking Pants** (1 pair) - comfortable, lightweight, and loose fitting. Polyester or non-cotton fabric is best
- Shorts** (5 pair) \* - suitable for hiking/backpacking. At least one pair should be loose, long shorts to be worn with a tech climbing harness
- Long-sleeve shirts** (4 shirts) - button or pullover. One should be a LONG-SLEEVE WHITE OXFORD
- T-Shirts** (6-8 T-shirts) \* - a few t-shirts should be non-cotton athletic shirts for hiking/backpacking.
- Wool or Fleece Hat** \*
- Socks** (8-10 pair) - cotton socks
- Hiking Socks** (4 pair) \* - Wool or wool/poly socks
- Underwear** (12 pair)
- Winter Weight pajamas** (2 pair)
- Bathrobe** (1 robe) - for travel to and from bath house
- Small Bath towel** and washcloth (2 of each)
- Laundry Bags** (2 bags) \*
- Swim Suit** (1) - appropriate for co-ed activities, one-piece only for girls
- Belt** - For riding and hiking
- Bandanas** (2) \*
- Long Underwear** (top and bottom)
- Gloves or Mittens**
- Shower Shoes** (flip flops)
- Tevas or similar rubber sandals** - with a strap to secure sandal to feet
- Baseball Cap** \*
- Tennis/Running Shoes**
- Toilet Articles** \* - Toothbrush, toothpaste, comb, brush, deodorant, shampoo, soap, etc.
- Sunscreen and Lip Balm** \*
- Camper Medications**
- Two sets of clothes for chapel** - simple, casual dress or nice casual pants and collared shirt
- Blue Kerchief**— (for returning campers)

### ADDITIONAL SUGGESTED ITEMS

- Inexpensive or disposable camera
- Chambray or denim shirt - For Riding Patch holders
- Musical Instrument - Guitar, flute, or other instruments
- Stationery - with pre-addressed, stamped envelopes and pen
- Sketch pad or journal and a few books for reading
- Address list of friends and relatives
- Favorite Stuffed animal or photos from home
- Deck of Cards
- Costumes, wigs, funny clothing for special occasions

### LAUNDRY

Laundry is done once a week, so quantities of clothing listed are sufficient to last seven to eight days. Send only washable clothing that can be done in large commercial washers and dryers.

### ELECTRONICS

Campers are not allowed to bring iPods and other MP3 players or tablets. We have become more aware of the benefits campers receive when they unplug and learn to connect with their fellow campers. Please have your camper leave these at home rather than bring them to camp where they will have to turn them in with their valuables. We do allow campers to bring digital cameras. There are no options for downloading photos, so campers need to bring enough memory cards for the entire term. Campers may travel with cell phones and electronics but they **must** turn them in upon arrival to camp. and will be returned before departure.

### THINGS TO BE LEFT AT HOME

Televisions, computers, gameboys, make-up, fireworks, expensive watches and jewelry, expensive cameras, hunting knives, food, treats, one-of-a-kind items such as special t-shirts, family treasures, pets.

**REMEMBER, PUT YOUR NAME ON EVERYTHING EITHER WITH LABELS OR PERMANENT MARKER**