

the EQUIPMENT & CLOTHING GUIDE



Packing can be something you may want to put off until the last minute or it's something you're eager to do. Whether you're helping your child pack weeks in advance or you're packing a few days before camp, it's important to have a packing list so you don't forget the essentials. We have compiled a detailed list of the clothing and equipment for you to pack for Summer Camp 2023 based on our once a week laundry service.

Please remember to not over-pack! Campers do not need more than what's recommended, and storage space is limited. Campers are only allotted two large drawers, a dresser top to be shared with their bunkmate, some hanging space, and a cubby in the bathhouse. Campers may not use the space under their bunks for storage.



DRESS CODE PHILOSOPHY

During your summer at Cheley Colorado Camps, we want you to have the best experience possible! By planning ahead and packing appropriately, you will be contributing to a positive Cheley Experience; therefore, our dress code reflects **practicality** and **the values of camp**. It is written in a manner that does not reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size and shall be enforced consistently.

- All campers and staff should be able to dress comfortably for camp and engage in the camp environment without fear of or actual unnecessary discipline or body shaming
- All campers and staff should understand that they are responsible for managing their own appearance without regulating another individual's clothing/self-expression.
- All campers and staff should be able to use body-positive language.

We expect all campers, staff, *and visitors* will dress in a way that is appropriate for camp. Dress choices should respect Cheley's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for seeing that attire does not interfere with the health and wellbeing of any individual at Cheley nor contribute to a hostile or intimidating atmosphere for anyone.

THINGS TO BE LEFT AT HOME

✓ QTY.

~~NONE~~ ELECTRONICS

iPods and other music/mp3 players; iPads, Surfaces, and other tablets; Kindles and other e-readers; Computers and laptops; Gaming devices (such as Nintendo Switches); Smart watches; waterpiks.

~~NONE~~ VALUABLES AND OTHER PROHIBITED ITEMS

Expensive watches and jewelry, weapons, fireworks, hunting knives, one-of-a-kind items such as special t-shirts and family heirlooms, pets, vapes, tobacco/cigarettes, tattoo kits, alcohol, drug paraphernalia, and pornography.

~~NONE~~ FOOD ITEMS

Including candy, gum, beverage mixes and powders, protein bars, etc. Vitamins must be turned into the Health Center.

PACKING LIST: GEAR & CLOTHING

Being thorough while packing will only enhance your experience while at camp. You are not limited to what is on this list; however, there are a few items to leave at home that you will see at the bottom of this list. There are reasons for why we ask you to bring certain items and reasons to leave certain items at home. Remember, at the end of the day, **you are responsible for everything you bring to camp!**



REQUIRED EQUIPMENT

✓ LABELED?

HIKING BOOTS

A sturdy boot with good ankle support, not low fitting. Leather or Gore-Tex® with a Vibram® sole. Campers who plan to hike extensively should invest in quality boots.

RIDING BOOTS

Marmots only – recommended, not required.
Either “cowboy boots” or a similar leather, smooth-soled (no-tread), heeled boot for Western horseback riding. Hiking boots or tennis shoes are not acceptable.

RAIN GEAR*

A good quality rain jacket and pants (made of Gore-Tex® or equivalent) or a poncho for our mountain rain showers.

WATER BOTTLES*

Two or three 32oz Nalgene® style-bottles. Campers may bring a CamelBak® for use on designated activities (not horseback riding).

WARM BLANKETS*

Two warm blankets or a comforter, which can be folded at the bottom of your bed on warmer nights. While we provide linens, a pillow, and a wool blanket, many campers bring their own pillow(s).

✓ LABELED?

DAY PACK*

A medium size durable pack with a waist belt and comfortable shoulder straps. The ideal size is 22 to 30L (e.g. the Recon 18 Backpack by The North Face®, the Approach by Mountainsmith® or the Talon by Osprey®).

FLASHLIGHT or HEADLAMP*

Don't forget batteries!

SUNGLASSES*

Designed for UV protection as the sun is very powerful at our high mountain elevation.

GREEN KERCHIEF

For returning campers only.

RECOMMENDED CLOTHING & PERSONAL ITEMS

✓ QTY.

T-SHIRTS* 5 tees
At least one shirt should be non-cotton, synthetic athletic shirts (i.e., activewear for hiking).

LONG-SLEEVE SHIRTS 1 shirts

SHORTS* 3 pairs
At least one pair should be athletic and suitable for hiking/backpacking or to be worn with a tech climbing harness.

BLUE JEANS 1 pair
Should be appropriate for riding.

HIKING PANTS 1 pair
Comfortable, lightweight, and loose fitting. Polyester or non-cotton fabric is best.

SWEATSHIRT*
Hoodie or crewneck.

SWEAT/FLEECE PANTS* 1 pair

FLEECE JACKET or PULLOVER SWEATER

DURABLE WINDBREAKER JACKET
Not needed if you bring a rain jacket.

UNDERWEAR 6 pairs

SOCKS 7 pairs
At least one pair should be hiking socks*.

WARM SLEEPWEAR 1 pair

LONG UNDERWEAR
Top and bottom (non-cotton).

WOOL or FLEECE HAT*

GLOVES or MITTENS

BASEBALL CAP or SUN HAT*

BELT

ATHLETIC SHOES At least 1 pair
Sturdy tennis/running/gym shoes for everyday use.

✓ QTY.

TOILETRIES*
Toothbrush, toothpaste, dental floss, body wash, hair care products (shampoo, conditioner, comb, brush, natural oils, hair mask/creams, silk bonnet/wrap, styling products, etc.), deodorant, face cleanser/moisturizer/wipes, contact lenses and solution, nail file/clippers, period products, shaving supplies, etc.

SUNSCREEN and LIP BALM*

MEDICATIONS and EYEGLASSES
All medications sent to camp must be in original packaging with a prescription label. Place all meds into a ziplock bag labeled with your camper's full name in permanent marker.

BATH TOWEL and WASHCLOTH 2 of each

SHOWER SHOES or SIMILAR RUBBER SANDALS
Flip flops, Crocs™, Chacos®, Texas®, Keens®, etc. Shower shoes (required) are the best way to protect your feet while showering at camp!

BATHROBE
For travel to and from the bathhouse (required).

LAUNDRY BAG* 1 bag

EXTRAS TO THINK ABOUT

✓ LABELED?

INEXPENSIVE OR DISPOSABLE CAMERA*

MUSICAL INSTRUMENT
Guitar, flute, trumpet, or other instruments.

STATIONARY* and ADDRESS LIST
With pre-addressed, stamped* envelopes.

BOOKS, SKETCH PAD, or JOURNAL

STUFFED ANIMAL

PHOTOS FROM HOME

DECK OF CARDS and BOARD GAMES

COSTUMES, WIGS, and BANDANAS

*AVAILABLE IN THE CAMP STORE